



RACKET SPORTS PRO

Coach Onboarding & User Guide

Version 3.0



TENNIS



PICKLEBALL



PADEL



PLATFORM TENNIS



SQUASH



ATHLETE
MANAGEMENT



LESSON
MANAGEMENT



PLAYER
DEVELOPMENT GOALS



DEVELOPMENT
NOTES



MATCH
ANALYSIS



COACH
PLANNER



GROUPS
& TEAMS

Designed by a Coach. For Coaches With a Purpose

www.racketsportsapp.com

Contents

- [1. Settings & Account Management](#)
- [2. The RSP Coaching Workflow](#)
- [3. Getting Started](#)
- [4. Dashboard - Your Daily Starting Point](#)
- [5. Athlete Profile](#)
- [6. Player Development Goals](#)
- [7. Development Notes](#)
- [8. Player Development Workflow](#)
- [9. Lessons & Schedule](#)
- [10. Groups](#)
- [11. Teams & Rosters](#)
- [12. Match Analysis](#)
- [13. Drill Library](#)
- [14. Coach Planner](#)
- [15. Communication & Notes - Understanding the Difference](#)
- [16. Payment Tracking & History](#)
- [17. Recommended Daily Coaching Workflow](#)
- [18. Which RSP Feature Should I Use?](#)

Welcome to Racket Sports Pro

Racket Sports Pro (RSP) gives coaches in tennis, pickleball, padel, platform tennis, and squash one organized place to manage athletes, lessons, player development, match performance, drills, communication, groups, teams, rosters, payments, and day-to-day coaching responsibilities.

RSP is a robust and comprehensive coaching platform, but it is not an all-or-nothing system. Coaches do not need to use every feature to benefit from the app. Use the tools that fit your athletes, your program, and your coaching style, and add other capabilities whenever they become useful.

An independent teaching professional may use RSP primarily to manage private students, schedule lessons, set development goals, maintain coaching records, and track payments. A school or club coach may also use Groups and Teams & Rosters to organize training groups, teams, league programs, and competitive squads.

Coach more. Type less. Keep better records.

Throughout RSP, you can use your device keyboard's built-in microphone for voice-to-text, making it quick to capture lesson observations, Development Notes, goals, communications, planning notes, and other information.

1. Settings & Account Management

Coach Profile

Update your profile photo, first name, last name, and account information. Select Save Profile after making changes.

Change Password

Select Send Reset Link and follow the instructions sent to your account email address.

Logout

Select Logout when you want to sign out of RSP.

Danger Zone - Delete Account

Important: Delete Account permanently deletes your coach account and associated player data. Use this only when you intentionally want to permanently remove the account.

2. The RSP Coaching Workflow

RSP is designed around a continuous coaching cycle. Not every athlete needs every feature; use the parts that fit the athlete and the way you coach.

A recreational athlete may need only scheduling, lesson records, and occasional notes. A developing competitive athlete may use Goals, Development Notes, Match Analysis, Drill Library, and more detailed progress tracking.

3. Getting Started

Create Your Account

Open a new browser tab and enter racketsportspro.app. Create your account and follow the on-screen instructions to register and sign in.

Set Up Your Coach Profile

Go to Settings to add or update your profile photo, name, and account information.

Add Your First Athlete

Select Add Athlete from the Dashboard or Athletes area. Once saved, the Athlete Profile becomes the central location for that player's coaching information.

Become Familiar With the Dashboard

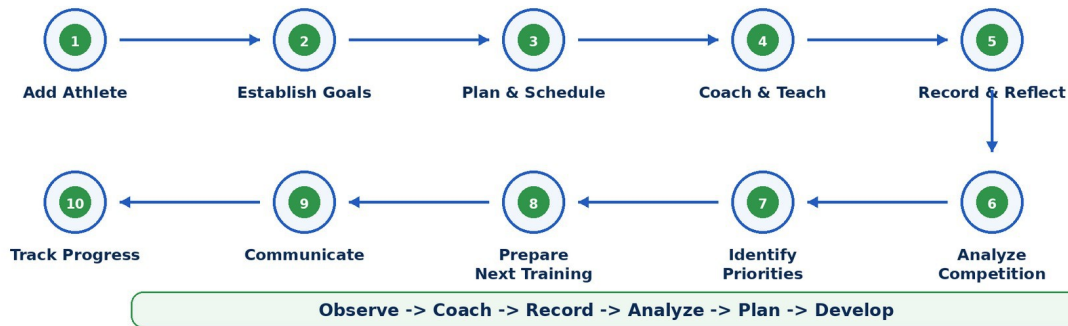
- Today's Lessons - What am I teaching today?
- Coach Planner - What tasks or priorities need attention?
- Recently Viewed Athletes - Which athletes have I been working with recently?

Navigating Racket Sports Pro

- Dashboard - Daily starting point for lessons, Planner items, and recently viewed athletes.
- Athletes - Athlete profiles, Groups, and Teams & Rosters.
- Schedule - Today and upcoming individual and group lessons.
- Coach Planner - Personal coaching tasks and priorities.
- Drill Library - Create, organize, and access drills.
- Settings - Profile, password, account settings, and other options.

THE RSP COACHING WORKFLOW

A continuous coaching cycle - use the parts that fit the athlete and the way you coach.



4. Dashboard - Your Daily Starting Point

Good morning, Everett

Here's what's happening with your athletes today.

Today's Lessons

[+ Schedule Lesson](#)
[View Full Schedule →](#)

10:00 AM

CH

Chuck Holcomb
 Slice serve
 60 min - Tennis

3:00 PM

AT

Ana Thigpen
 Add more topspin to forehand
 60 min - Tennis

4:00 PM

SP

Sydney Patterson
 Approach shots
 60 min - Tennis

Coach Planner

1 task due today | 2 tasks due - Next 7 Days

[View All →](#)

Add Athlete
 Create a new athlete profile

View Athletes
 Browse and manage your roster

Recently Viewed Athletes

CW

Connor Woodward
 Tennis - Intermediate

just now

HH

Hannah Huston
 Tennis - Beginner

2m ago

AE

Ava Elliott
 Tennis - Intermediate

4m ago

CH

Chuck Holcomb
 Tennis - Intermediate

Yesterday

LC

Liam Crowley
 Tennis - Intermediate

Yesterday

Today's Lessons

Displays lessons scheduled for the current day. Open a lesson for details or select View Full Schedule to see the complete Schedule including upcoming future lessons.

Coach Planner

Shows a quick summary of tasks due today and during the upcoming week. Select View All to open the full Planner. These tasks can be printed if needed.

Athlete Shortcuts

Use Add Athlete to create a profile, View Athletes to open your roster, and Recently Viewed Athletes to return quickly to players you have been reviewing.

Best practice: Start your coaching day on the Dashboard. It gives you a quick picture of lessons, tasks, and athletes requiring attention.

5. Athlete Profile

The Athlete Profile is the central coaching record for an individual athlete.

The screenshot displays the Athlete Profile for Liam Crowley. At the top, there is a header section with a circular profile picture containing the initials 'LC', the name 'Liam Crowley', and a green 'Active' status tag. Below the name, it shows '15 years · Tennis · Yellow Ball · Intermediate'. A 'NEXT LESSON' section indicates 'No lesson scheduled'. Below this header is a row of action buttons: 'Edit Athlete' (blue), 'Log Completed Lesson' (light blue), 'Schedule Lesson' (light blue), 'Archive Athlete' (pink), and 'Delete Athlete' (red). Below the buttons is a vertical list of menu items, each with an icon and a right-pointing arrow: 'Athlete Information', 'Contacts', 'Player Development Goals', 'Development Log', 'Upcoming Lesson', 'Lesson History', 'Match Analysis', 'Quick Notes', and 'Coach Communication'. At the bottom of the profile card, it states 'Profile created Aug 18, 2026 · Last updated Aug 30, 2026'.

Profile-Level Actions

- Edit Athlete - Update athlete information.
- Log Completed Lesson - Record a lesson that already occurred without scheduling it first.
- Schedule Lesson - Create a future lesson.
- Archive Athlete - Remove an inactive athlete from the active roster while preserving records.
- Delete Athlete - Permanently delete the athlete according to RSP deletion rules. Athletes with financial history should be archived rather than permanently deleted.

5.1 Athlete Information

Provides an at-a-glance overview of the athlete and coaching history, including lesson totals, dates, age, sport, development stage, status, skill level, dominant hand, and equipment information.

5.2 Contacts

Keeps the athlete's primary contact information directly inside the profile, including relationship, mobile number, email, preferred communication method, and communication notes.

5.3 Player Development Goals

Identifies and tracks specific areas of athlete development. Keep active goals manageable and use Coach Focus This Week for the most important immediate emphasis.

5.4 Development Notes

Provides continuity between coaching interactions without requiring a formal Lesson record every time you work with an athlete.

- Link to Development Goal(s) (optional) - select no goals, one active goal, or multiple active goals.
- Link to Lesson (optional) - connect the Development Note to an upcoming Scheduled lesson or a lesson that Needs Completion when the note relates to that coaching session. Completed and cancelled lessons are not offered when creating a new note. Existing links remain preserved if the lesson is later completed.
- Today's Focus - what you intend to address.
- Worked On - what you actually worked on.
- Progress / Observations - what improved, what you observed, or what still needs attention.
- Next Meeting - what should be continued or introduced next time.

5.5 Upcoming Lesson

Shows the athlete's next future scheduled coaching session. If no future lesson exists, select + Schedule Lesson.

5.6 Needs Completion

Shows scheduled lessons whose scheduled end time has passed but which have not yet been resolved. Needs Completion is a reminder state; it does not automatically mark the lesson Completed.

Open a Needs Completion lesson and use the appropriate action to Complete, edit, cancel, or otherwise resolve it. Once completed, the lesson moves into Lesson History. This prevents a missed or cancelled session from being automatically counted as completed.

5.7 Lesson History

Provides the athlete's formal completed coaching record. Use + Log Completed Lesson when a lesson already occurred but was not scheduled beforehand.

5.8 Match Analysis

Provides quick access to recent match analyses and Match History. Select + New Match Analysis to begin a match, or View Match History to review previous analyses.

5.9 Quick Notes

Stores private coaching notes and observations that do not need to become a Lesson, Development Note, Goal, or communication record.

5.10 Coach Communication

Organizes communication with athletes, parents, guardians, or staff. Choose a Communication Type, optionally associate the message with a Related Lesson, then type or dictate the message. Saved communications remain under Recent Communications.

5.11 Payment Tracking & History

Provides an optional private coach-facing financial record for charges, payments, balances, and payment history. See Section 16 for the complete workflow.

6. Player Development Goals

Player Development Goals give the coach a clear, documented objective for what an athlete is working to improve or accomplish. A goal can be technical, physical, strategic, or mental.

Creating a Goal

- Goal Title is the only required field.
- Use Area of Play when appropriate.
- Add a Target Date when useful.
- Use Specific Goal to define the objective.
- Use Success Measure to describe progress or success.
- Use Starting Measurement for a useful baseline.
- Use Coach Notes for supporting context.

Updating Progress

Use + Update Progress on Goal Details to record progress specifically against that goal. These entries become the goal's Progress History.

Progress History vs. Development Notes

Progress History records updates made specifically through Update Progress. Development Notes document broader ongoing training and may be linked to one, several, or no goals.

Achieved, Archived, and Deleted Goals

- Mark Goal Achieved when the objective has been accomplished.
- Archive a goal to remove it from active work without treating it as achieved.
- Delete Goal only when the goal should be permanently removed. Development Notes and Lesson records are preserved.

7. Development Notes

Development Notes provide the athlete's ongoing chronological coaching record. They answer: What have we been working on, what did I observe, and what should happen next?

Starting and Recording a Development Note

- If the athlete has no Development Notes yet, select Add First Development Note.
- After development history has begun, select + Add Development Note.
- Link to Development Goal(s) - optional. Select no goals, one active goal, or multiple active goals.
- Link to Lesson - optional. Select an upcoming Scheduled lesson or a lesson marked Needs Completion when the note relates to that coaching session. Completed and cancelled lessons are excluded from new-note selection.
- Today's Focus - what you plan to focus on during this meeting.
- Worked On - what you actually covered during the meeting.
- Progress / Observations - improvements, patterns, concerns, and areas needing attention.
- Next Meeting - what you want to address or continue next time.

Save Draft and Complete

Use Save Draft when the entry is not finished. Resume the draft later and complete it when the coaching interaction is documented. Completed updates become part of Development Notes History.

Start Next Meeting

1. Select Start Next Meeting.
2. RSP creates a new Development Note rather than changing the previous one.
3. The previous Next Meeting information carries forward into the new Today's Focus and remains editable.
4. Previously linked goals are preselected only if still active.
5. Worked On, Progress / Observations, date, and status are not copied forward.
6. The prior completed update remains intact.

Development Notes History

Use View Development Notes History to review completed Development Notes in chronological context. Filters help focus on general development, goals, or a selected time period.

Best practice: Keep Development Notes concise enough that you will actually use them. Capture what matters for the next coaching decision.

RACKET SPORTS PRO

COACH • DEVELOP • EMPOWER

Development Notes Workflow

A simple 5-step process to capture progress, plan the next step, and build a lasting record.



8. Player Development Workflow

Player Development Goals and Development Notes are separate tools that work especially well together. Goals define the destination; Development Notes record the coaching journey.

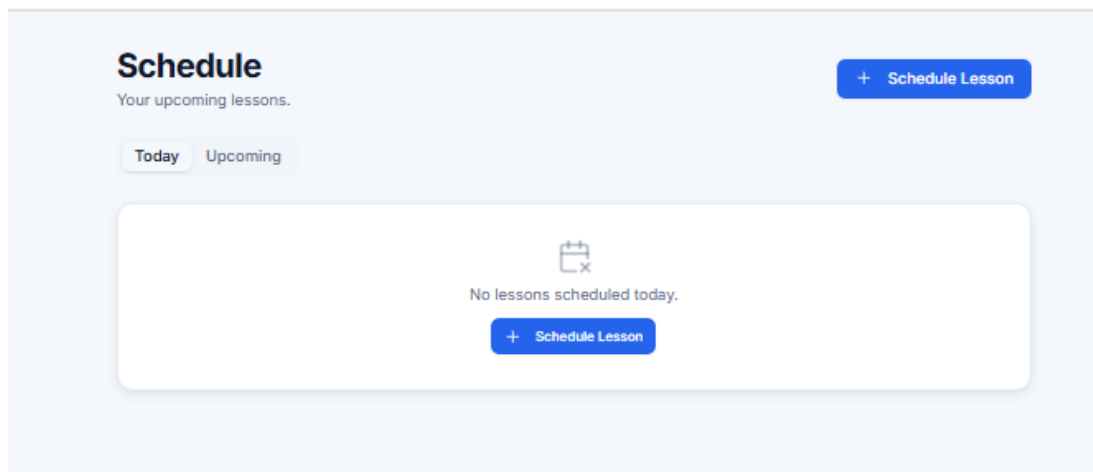
- Player Development Goal - Where are we trying to go?
- Development Notes - What are we doing and observing along the way?
- Player Development Workflow - How do we use both over time to guide development?

Recommended Workflow

7. Create a Player Development Goal when a specific objective is useful. This step is optional.

8. Start or continue the athlete's Development Notes.
9. Record Today's Focus, Worked On, Progress / Observations, and Next Meeting.
10. Link the Development Note to relevant active goals and, when useful, to an upcoming or Needs Completion lesson.
11. Complete the update so it becomes part of Development Notes History.
12. Use Start Next Meeting to carry the coaching thread forward.
13. Use Update Progress when a goal-specific milestone or measurement should be recorded.
14. When the objective is accomplished, Mark Goal Achieved.

9. Lessons & Schedule



Today and Upcoming

The Schedule provides Today and Upcoming views so you can see current and future individual and group sessions.

Schedule Lesson

Use + Schedule Lesson when creating a future coaching session.

Needs Completion

When a scheduled lesson's end time passes and it is still stored as Scheduled, RSP displays it as Needs Completion. Resolve it explicitly rather than assuming it occurred.

Complete Lesson

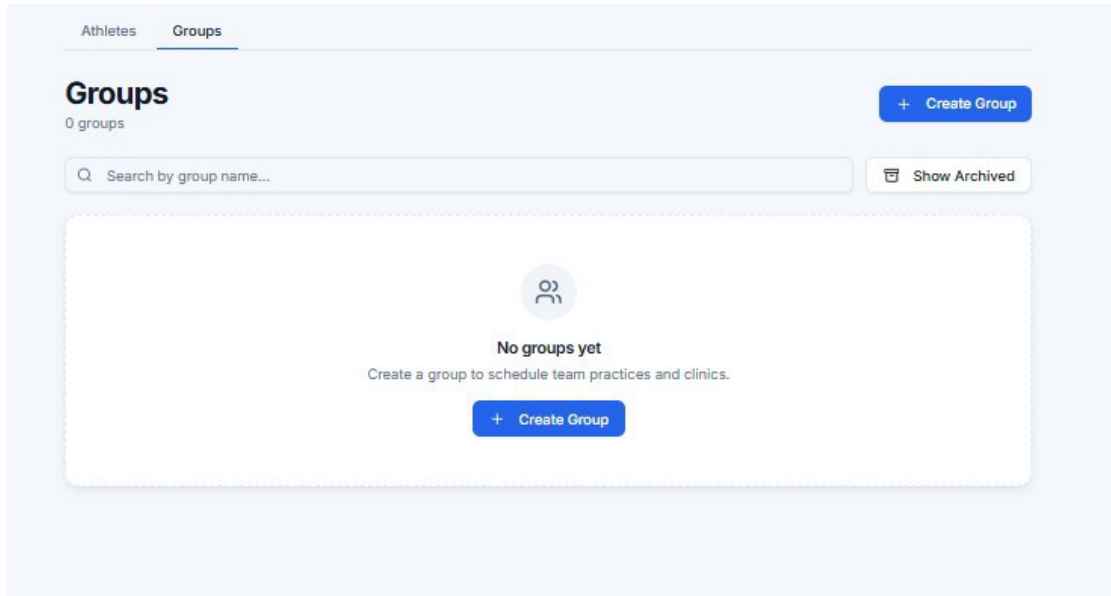
Use the existing Complete Lesson workflow after a scheduled session actually occurs. The completed record then appears in Lesson History while maintaining its relationship to the original scheduled appointment.

Log Completed Lesson

Use Log Completed Lesson when a coaching session already occurred and was not scheduled first.

Choose the right level of record keeping: Future formal session -> Schedule Lesson; past scheduled session awaiting resolution -> Needs Completion; completed formal session -> Complete/Log Completed Lesson; quick ongoing development work -> Development Notes.

10. Groups



Groups manage athletes who regularly train together, including training groups, clinics, teams, and recurring development programs.

Create and Manage a Group

From Athletes, open the Groups tab and select + Create Group. Add the appropriate athletes or members.

Group Details

- Group information
- Members
- Schedule Lesson
- Log Completed Lesson
- Group Lesson History
- Group Communication

Group Lessons

Use Schedule Lesson for a future group session. Use Log Completed Lesson when the group session already occurred and was not previously scheduled. Completed sessions remain in Group Lesson History.

Group Communication

Compose information for the group and use available member contact information to help communicate with multiple participants.

11. Teams & Rosters

Teams & Rosters provides an optional way to organize school teams, club teams, competitive squads, and other rosters without requiring every person on the roster to be a full RSP Athlete.

Athletes and Roster Members

- Athlete - a player actively coached or tracked in RSP with a full Athlete Profile and complete coaching record.

- Roster Member - a roster-only player with basic contact, rating, notes, and communication history who does not require a full Athlete Profile.

Creating and Managing Rosters

- From Athletes, select Manage Teams & Rosters.
- Create a Team / Roster and enter the roster name, sport, optional season, and notes.
- Use Add Athletes to add existing RSP Athletes.
- Use Add Roster Member for someone who does not need a full Athlete Profile.

Converting a Roster Member to an Athlete

Use Convert to Athlete when the coaching relationship changes and you want full RSP tracking. RSP checks for a possible existing Athlete and preserves relevant ratings, contact information, notes, and communication history.

Teams & Rosters vs. Groups

Use Teams & Rosters to organize who belongs to a team. Use Groups to manage people who train together and need group lessons, Group Development Goals, Group Development Notes, and Group Communication.

12. Match Analysis

Match Analysis turns competition into usable player-development information. It helps you move beyond the final score and record what actually happened during points.

Start a Match

From the Athlete Profile, select + New Match Analysis. Create a standalone match or associate it with a Competitive Event.

Who Is Being Analyzed?

By default, Match Analysis tracks the selected RSP athlete. For a Practice Match, Guest Player and Both Players options can be used when the coach wants to evaluate both sides of the court.

Courtside Point Entry

- Start - serving/receiving and applicable serve/return result.
- Decisive Shot - identify the shot that decided the point.
- Outcome - Winner, Forced Opponent Error, Unforced Error, or another supported outcome.
- Observation - optional coaching context.

Custom Coaching Tags

Apply built-in tags or use Manage Tags to create, rename, hide, restore, or delete reusable tags. Historical points keep the tags already recorded.

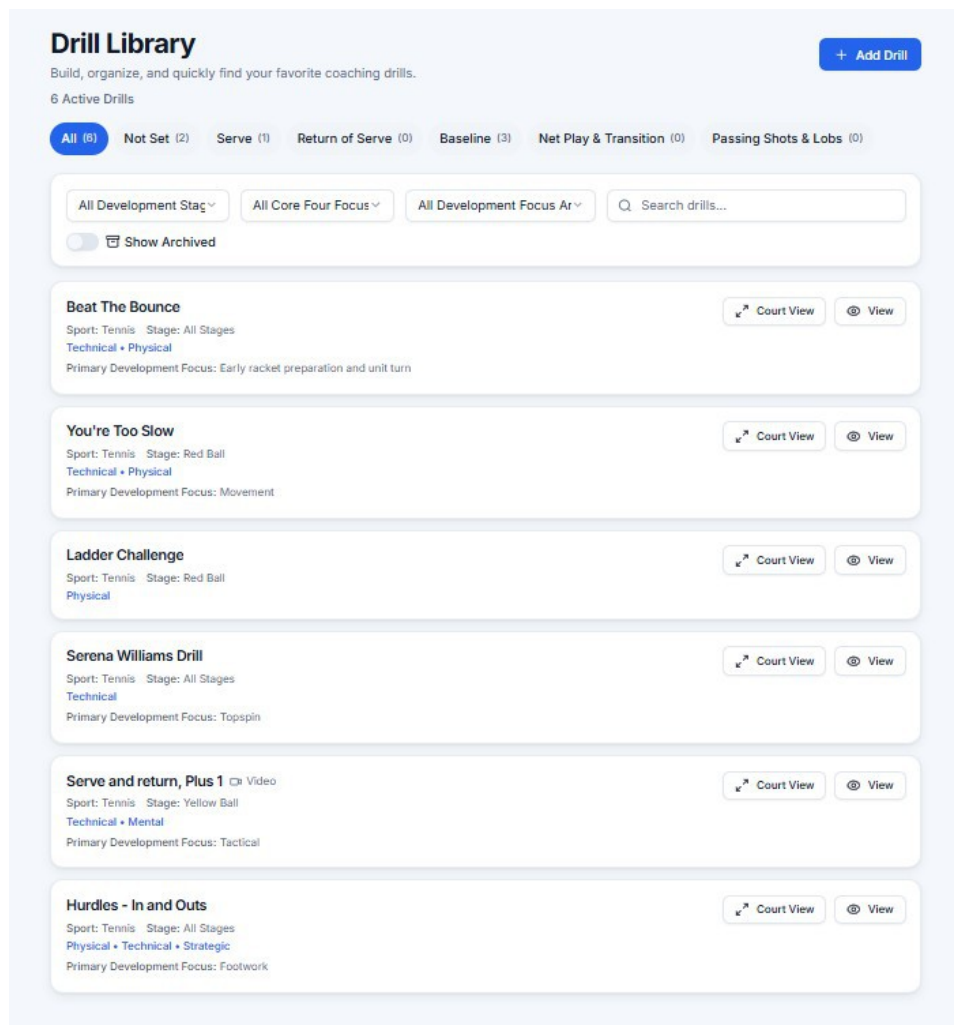
Competitive Behavior

Competitive Behavior adds an optional post-match assessment of competitive routines, focus, composure, and response to competition. It is completed after the match and does not add steps to courtside point entry.

- Between-Point Routine - Consistent / Inconsistent / Needs Attention
- Changeover Routine - Purposeful / Inconsistent / Needs Attention
- Emotional Reset - Effective / Inconsistent / Needs Attention
- Competitive Focus - Strong / Inconsistent / Needs Attention
- Body Language / Composure - Positive / Mixed / Negative

Competitive Behavior does not create a mental-performance score or automatically change Development Goals or Development Notes. Use it alongside match statistics and coaching observations when deciding future training priorities.

13. Drill Library



Purpose: Creates your personal coaching knowledge base so useful drills are organized and easy to find.

Add and Organize Drills

Select + Add Drill and use categories, development stage, Core Four focus, development focus, and search to locate drills quickly.

Court View and Video

Court View is suited to on-court use. RSP does not host your videos; attach a public link from a hosting service such as YouTube, Google Drive, or OneDrive.

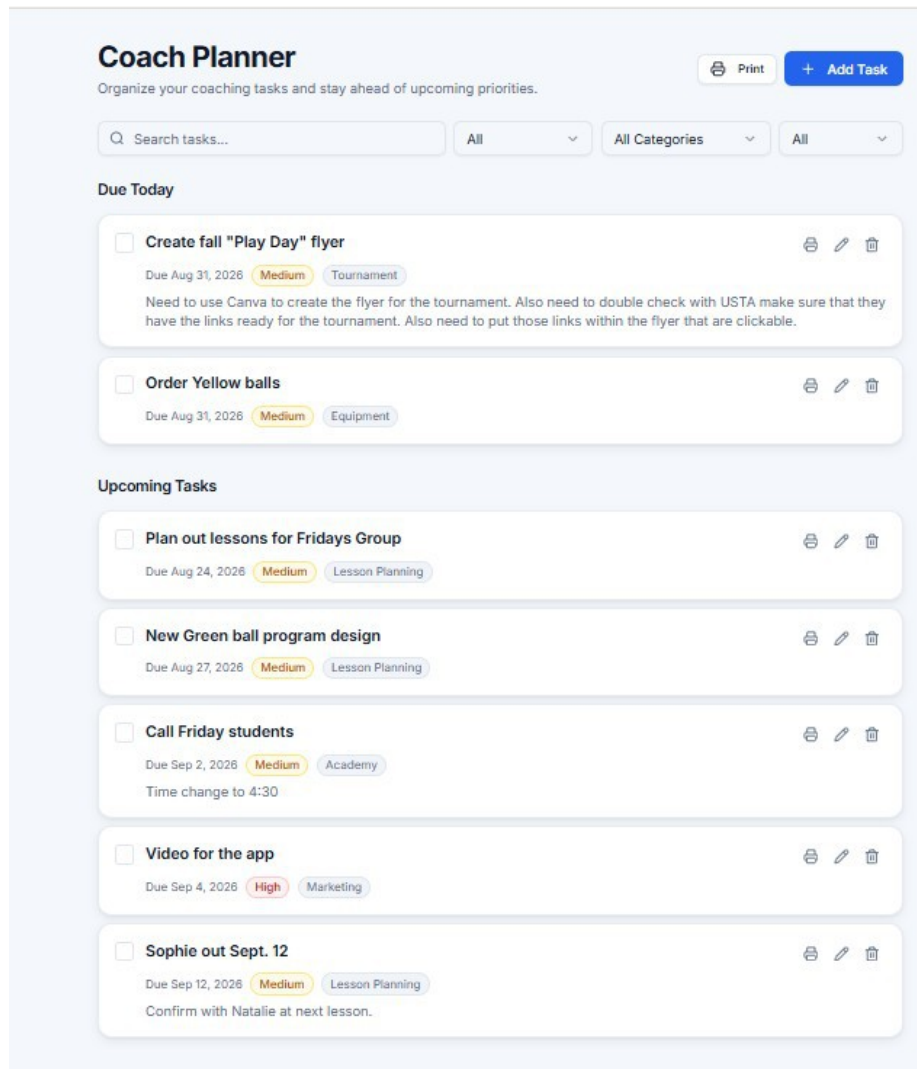
Insert Drill into a Lesson

Use + Insert Drill from Library in the Lesson Plan area to add a reusable drill to an individual or group lesson without retyping it.

Archived Drills

Archive older drills without permanently removing them. Use Show Archived when you need to retrieve one.

14. Coach Planner



Purpose: Your personal coaching task-management system. It is for things you need to do - not athlete development history.

Add and Manage Tasks

Select + Add Task. Tasks can include due date, priority, category, and notes/details. Due Today and Upcoming Tasks keep immediate and future responsibilities separated.

Search, Filters, and Print

Use search and filters to narrow the task list. Print is available when a physical task list is useful.

Remember: Coach Planner = What do I need to do? Development Notes = What does this athlete need next?

15. Communication & Notes - Understanding the Difference

Feature	Primary Purpose	Think...
---------	-----------------	----------

Quick Notes	Private memory	Something I want to remember.
Development Notes	Ongoing player development	What are we working on, what changed, and what is next?
Lesson Record	Formal coaching history	What happened in this particular lesson?
Coach Communication	Communication history	What did I communicate to the athlete or family?
Coach Planner	Personal action item	What do I need to do?

16. Payment Tracking & History

Payment Tracking & History is an optional coach-facing record for tracking coaching charges, payments received, amounts owed, due dates, and financial history for an athlete. It records payment activity but does not process money or function as a full accounting system.

Financial information is private to the coach. Charges and payments are preserved as historical transactions so corrections can be audited rather than silently deleted.

All-Time Summary

At the top of the card, RSP displays Total Charged, Total Paid, and Outstanding Balance. These totals reflect active financial transactions across the athlete's complete history, regardless of which year is being viewed below.

Payment Tracking & History

ALL-TIME SUMMARY

TOTAL CHARGED

\$295.00

TOTAL PAID

\$220.00

OUTSTANDING BALANCE

\$75.00

+ Add Charge

Record Payment

PAYMENT HISTORY 2026

October 2026

\$

Group Lesson

\$100.00

...

Oct 21 · Due: Oct 23 · Paid

Linked: Friday Yellow Ball Group · Aug 28

\$

Individual Lesson

\$120.00

...

Oct 21 · Due: Oct 23 · Paid

•

Payment · Cash

\$100.00

...

Oct 21

Applied to: Group Lesson

•

Payment · Cash

\$120.00

...

Oct 21

Applied to: Individual Lesson

\$

Individual Lesson

\$75.00

...

Oct 14 · Due: Oct 23 · Unpaid · Balance \$75.00 of \$75.00

Adding a Charge

Select + Add Charge from the Payment Tracking & History card. The athlete is already selected.

- Charge Type - Individual Lesson, Group Lesson, or Other Coaching Fee.
- Charge Date - when the charge is recorded.
- Due Date - when payment is expected.
- Amount (USD) - the amount charged.
- Link to Lesson / Completed Group Session (optional) - associate the charge with an eligible coaching session when useful.
- Description / Notes (optional) - add context such as a monthly group fee or other coaching charge.

A charge does not have to be linked to a lesson. For example, a four-week group fee or another coaching fee may be entered as a standalone charge. Creating or completing a lesson does not automatically create a charge.

Add Charge

Record a charge for this athlete.

Charge Type

Individual Lesson

Charge Date

10/21/2026

Due Date

10/21/2026

Amount (USD)

\$ 0.00

Link to Lesson (optional)

None — standalone charge

Description / Notes (optional)

e.g. Private lesson, October group training

Cancel

Save Charge

Recording a Payment

Select Record Payment when money is received. Choose the Payment Date and Payment Method, then apply the payment to one or more outstanding charges.

- Use the Apply field to enter the amount being applied to a charge.
- Use Full to apply the entire outstanding balance for that charge.
- One payment may be allocated across multiple outstanding charges.
- Partial payments are supported; the remaining balance stays outstanding.
- Reference / Notes is optional and can record information such as a check number or payment note.
- RSP does not allow an overpayment or unapplied credit in the current payment workflow.

Record Payment

Record a payment received and apply it to this athlete's outstanding charges.

Payment Date

10/21/2026

Payment Method

Cash

OUTSTANDING CHARGES

Individual Lesson

Charged Oct 14 · Due: Oct 23

\$75.00

outstanding of \$75.00

Apply:

\$ 0.00

Full

Reference / Notes (optional)

e.g. Check #1842, October group payment

Total Payment

\$0.00

Cancel

Record Payment

Payment Status and History

RSP calculates charge status from the financial records rather than asking the coach to manually choose a status. A charge may display Paid, Unpaid, Partially Paid, or Overdue as appropriate. Voided charges remain in history but no longer count toward active totals.

Payment History is organized by Year and Month. Charges remain in the month of their Charge Date, while payments remain in the month of their actual Payment Date. A September charge paid in October therefore appears as a September charge and an October payment.

Correcting a Charge - Void Charge

If a charge was entered incorrectly, use the three-dot transaction menu and select Void Charge. Enter a required reason and confirm. The original charge remains in Payment History as Voided, but it no longer contributes to Total Charged or Outstanding Balance.

A charge with an active payment applied cannot be voided directly. Reverse the payment first, then void the charge if the charge itself is also incorrect.

Correcting a Payment - Reverse Payment

If a payment was entered incorrectly, use the three-dot menu on the payment transaction and select Reverse Payment. Enter a required reason and confirm. The payment remains in history as Reversed, but its allocations no longer count toward Total Paid and the affected charge balance is restored.

If one payment was applied across several charges, reversing that payment reverses all allocations belonging to that payment. To correct the transaction, reverse the incorrect payment and then record the correct payment.

Best Practices

- Enter charges when you want RSP to track an amount owed; do not rely on lesson scheduling to create financial records.
- Record payments using the actual date received and apply them to the appropriate outstanding charges.
- Use Void Charge and Reverse Payment for corrections rather than deleting financial history.
- Review the Outstanding Balance on the Athlete Profile as part of your normal administrative workflow.

17. Recommended Daily Coaching Workflow

There is no requirement to use RSP exactly this way. A simple routine can keep records useful without adding unnecessary administration.

Before Coaching

- Dashboard - Check Today's Lessons and Coach Planner.
- Athlete Profile - Review Goals, Development Notes, Next Meeting, and any Needs Completion items.
- Prepare - Review lesson information and select drills if needed.

During Coaching

Coach first. Use RSP only where it adds value. Capture a Quick Note, Development Note, Lesson information, or Match Analysis when appropriate.

Immediately After

When useful, take 30-60 seconds to record: What did we work on? What progress occurred? What's next? Resolve scheduled lessons that are ready to be completed.

During and After Competition

Use Match Analysis when appropriate. Review the Match Report and Competitive Behavior information to identify future training priorities.

End of Day / Week

Review Coach Planner, the upcoming Schedule, Needs Completion items, and Payment Tracking where you use the financial feature.

The continuous loop: Observe -> Coach -> Record -> Analyze -> Plan -> Develop

18. Which RSP Feature Should I Use?

I want to...	Use
Store basic athlete information	Athlete Information
Keep athlete/parent contact details	Contacts
Establish a specific development objective	Player Development Goals
Identify my immediate coaching priority	Coach Focus This Week
Track ongoing work, progress, and next steps	Development Notes
Link ongoing development to an upcoming/past-due scheduled session	Development Notes - Link to Lesson
Remember something privately about an athlete	Quick Notes
Plan a future lesson	Schedule Lesson
Resolve a past scheduled lesson that has not been	Needs Completion

completed	
Record a lesson that already occurred	Log Completed Lesson
Review previous formal lessons	Lesson History
See what I am coaching today or upcoming	Schedule
Analyze match or competition performance	Match Analysis
Save and organize coaching drills	Drill Library
Manage athletes training together	Groups
Organize a school, club, league, or competitive team	Teams & Rosters
Keep roster-only players without full Athlete Profiles	Roster Members
Schedule or record a group session	Group Lessons
Communicate with an athlete or parent	Coach Communication
Communicate with several group members	Group Communication
Track athlete charges, payments, and balances	Payment Tracking & History
Correct an incorrect charge	Void Charge
Correct an incorrect payment	Reverse Payment
Keep track of my own tasks and deadlines	Coach Planner
Update my profile or account	Settings

The Five Most Common Choices

- Something I want to remember -> Quick Notes
- Ongoing player improvement -> Development Notes
- A specific development objective -> Player Development Goals
- A formal coaching session -> Lesson
- Something I personally need to do -> Coach Planner

Final Principle

RSP should support your coaching - not interrupt it. You do not need to fill out every area for every athlete or every session. Use the appropriate tool when the information will help you remember, communicate, plan, evaluate, collect payment information, or make a better coaching decision later.

Over time, those small records create something much more valuable: a clear picture of where the athlete started, what you've worked on, how they've progressed, and where you're taking them next.